

ROAD TO RECOVERY

Eight Principles Based On The Beatitudes

Realize I'm not God. I admit that I am powerless to control my tendency to do the wrong thing and that my life is unmanageable.

*“Happy are those who
know they are
spiritually poor”*

Matthew 5:3

Earnestly believe that God exists, that I matter to Him, and that he has the power to help me recover.

*“Happy are those who
mourn, for they
shall be comforted”*

Matthew 5:4

Consciously choose to
commit all my life and
will to Christ's care and
control.

“Happy are the meek”
Matthew 5:5

Openly examine and
confess my faults to
myself, to God, and to
someone I trust.

“Happy are the pure in heart”

Matthew 5:8

Voluntarily submit to every change God wants to make in my life and humbly ask Him to remove my character defects.

*“Happy are those whose
greatest desire is
to do what God requires”
Matthew 5:6*

Evaluate all my relationships. Offer forgiveness to those who have hurt me and make amends for harm I've done to others, except when to do so would harm them or others.

“Happy are the merciful”

Matthew 5:7

*“Happy are the
peacemakers”*

Matthew 5:9

Reserve a daily time with God for self-examination, Bible reading, and prayer in order to know God and His will for my life and to gain the power to follow His will.

*“Search me, O God, and
know my heart: try me, and
know my thoughts: And see
if there be any wicked way
in me, and lead me in the
way everlasting.”*

Psalms 139:23-24

Yield myself to God to be
used to bring this Good
News to others, both by
my example and by my
words.

*“Happy are those who are
persecuted because they
do what God
requires”*

Matthew 5:10